

# Client Consultation Form

NAME \_\_\_\_\_ DATE of BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Sex: \_\_\_ Female \_\_\_ Male

How were you referred to us? \_\_\_\_\_

Occupation: \_\_\_\_\_ Does your job require that you work outdoors? Yes \_\_\_ No \_\_\_

What would you like to achieve from your treatment today?

\_\_\_\_\_

## MEDICAL:

Are you currently or within the last year under any doctor's care? Yes \_\_\_ No \_\_\_

If yes, please specify:

\_\_\_\_\_

Have you had chemotherapy in the past 6 months? Yes \_\_\_ No \_\_\_

Have you undergone any recent surgery? Yes \_\_\_ No \_\_\_

Please list vitamins and supplements including herbal remedies you take regularly - pertinent only:

\_\_\_\_\_

## HEALTH PROBLEMS:

\_\_\_ Arthritis

\_\_\_ Herpes Simplex

\_\_\_ Cardiac or Circulatory problems

\_\_\_ Cancer

\_\_\_ Contagious Diseases

\_\_\_ Diabetes

\_\_\_ Epilepsy or Seizures

\_\_\_ Fungus

\_\_\_ Heart Condition

\_\_\_ HIV

\_\_\_ Pacemaker or internal defibrillator

\_\_\_ Autoimmune disease

\_\_\_ High/Low Blood Pressure

\_\_\_ Joint Swelling

\_\_\_ Psoriasis/Eczema

\_\_\_ Thyroid

\_\_\_ Deep Vein Thrombosis

\_\_\_ Fibromyalgia

Allergies? (food, latex, topical products, and/other substances) \_\_\_\_\_

Is there anything else you would like us to know? \_\_\_\_\_

**ESTHETICIAN PROFILE:**

Do you have any of the following conditions?

Are you Pregnant or trying to become pregnant? Yes \_\_\_ No \_\_\_ /or breastfeeding Yes \_\_\_ No \_\_\_

Are you undergoing any hormone replacement therapy treatments? Yes \_\_\_ No \_\_\_

Are you taking oral contraceptives? Yes \_\_\_ No \_\_\_

Any recent changes to or from your contraceptive treatments? Yes \_\_\_ No \_\_\_

Are you experiencing any menopausal symptoms? Yes \_\_\_ No \_\_\_

Dental implants, crowns, metal fillings Yes \_\_\_ No \_\_\_

Have you experienced Botox, Restylane, or collagen injections? Yes \_\_\_ No \_\_\_ If yes, please specify:

History of skin disorders:

Do you have a history of Erythema Ab Igne (EAI), a persistent skin rash produced by prolonged or repeated exposure to moderately intense heat? Yes \_\_\_ No \_\_\_

Do you blush easily? Yes \_\_\_ No \_\_\_

Sunburn easily? Yes \_\_\_ No \_\_\_

Redness tendency? Yes \_\_\_ No \_\_\_

Do you form thick or raised scars from cuts or burns? Yes \_\_\_ No \_\_\_

Areas of concern (be specific please) \_\_\_\_\_

Are you claustrophobic? Yes \_\_\_ No \_\_\_

Sinus problems? Yes \_\_\_ No \_\_\_

**PERSONAL SKINCARE:**

Have you ever had a facial treatment before? Yes \_\_\_ No \_\_\_, when? \_\_\_\_\_

Do you have any special skin problems or concerns pertaining to your face or body? Yes \_\_\_ No \_\_\_

If yes, please specify:

Have you ever had chemicals peels, laser treatments? Yes\_\_\_ No\_\_\_

In the last month? Yes\_\_\_ No\_\_\_

Do you use Accutane, Retin-A, Renova, Adapalene Hydroxyl Acid or any other Retinol/vitamin A derivative product?  
Yes\_\_\_ No\_\_\_

Have you used acne medication? Yes\_\_\_ No\_\_\_, when? \_\_\_\_\_ Which medication?

\_\_\_\_\_

What areas of concern do you have regarding your skin: (Check all that apply)

Breakouts/acne  Uneven skin tone  Blackheads/whiteheads  Sun damage  Excessive oil/shine  
 Wrinkles/fine lines  Rosacea  Dull/dry skin  Broken capillaries  Flaky skin  Redness/ruddiness  
 Dehydrated  Sun/liver/brown spots

Other: \_\_\_\_\_

(Check all that apply)

Dehydrated  Wrinkles  Puffiness  Dark circles

Other: \_\_\_\_\_

What skin care products are you currently using? (List brands if known)

Cleanser \_\_\_\_\_ Toner \_\_\_\_\_

Day Moisturizer \_\_\_\_\_ Night Moisturizer \_\_\_\_\_

Exfoliator \_\_\_\_\_ Mask \_\_\_\_\_

Eye Product \_\_\_\_\_ SPF/Sunscreen \_\_\_\_\_

Scrubs \_\_\_\_\_ Makeup Products \_\_\_\_\_

Soap \_\_\_\_\_ Shower Gels \_\_\_\_\_

Body Lotions \_\_\_\_\_

Have you used any hair removal methods in the past six weeks? Yes\_\_\_ No\_\_\_

(Check all that apply)

Shaving  Waxing  Electrolysis  Plucking  Tweezing  Stringing  Depilatories  Other

FUTURE APPOINTMENTS/CONTACT

May I call you at the provided phone number to confirm future appointments? Yes\_\_\_ No\_\_\_

May I contact you via mail/email about future promotions and news? Yes\_\_\_ No\_\_\_

I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation, may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive here are voluntary, and I release this institution and/or the technician/esthetician/skin care professional from liability and assume full responsibility thereof.

Client Name (Printed): \_\_\_\_\_

(Signature): \_\_\_\_\_ Date: \_\_\_\_\_

Therapist signature: \_\_\_\_\_

Date: \_\_\_\_\_